



Cov Nyiaj Khwv Tau Los Uas Pub Neeg Muaj & Kev Tsim Nyog Tau Nyiaj CalFresh Xyoo 2025 -2026

Pib Siv Lub Kaum Hli, Tim 1, 2025 – Lub Cuaj Hli, Tim 30, 2026

Cov Nyiaj Khwv Tau Los Uas Pub Neeg Muaj Txhua Lub Hlis

Cov Nyiaj Khwv Tau Los Uas Pub Neeg Muaj Txhua Lub Hlis	Cov Nyiaj Khwv Tau Los Ua Ntej Txiaiv Se Tawm Txhua Lub Hlis	Cov Nyiaj Khwv Tau Los Tom Qab Txiaiv Se Tawm Txhua Lub Hlis
Txhua Txhua Ib Tus Neeg Uas Yim Neeg Muaj Ntxiv		

Qhov Nyiaj Pab Ntau Tshaj Plaws Uas Yuav Muab Tau Los Pab Txhua Lub Hlis

Cov Neeg Txhua Txhua Ib Tus Neeg Uas Yim Neeg Muaj Ntxiv	Qhov Nyiaj CalFresh Ntau Tshaj Plaws Uas Yuav Muab Tau Los Pab
Txhua Txhua Ib Tus Neeg Uas Yim Neeg Muaj Ntxiv	



Nias **BenefitsCal.com**
mus ua ntawv nyob hauv online



Hu xov tooj rau
1-877-847-3663 (FOOD)
Yog xav siv qhov kev pab cov neeg hais tsis tau lus thiab/ lossis tsis hnov lus, hu 711 Relay.



Tuaj rau hauv/nrhiav ib lub chaw dhia dejnum ntawm
CalFreshFood.org

Item# 220001 (Hmong)

Cov ntaub ntawv no tau pab peev tsim los ntawm Teb Chaws Meskas Lub Tuam Tsev Hauj Lwm ntsig Txog Kev Ua Liaj Teb (U.S. Department of Agriculture's, USDA) Lub Khoos Kas Pab Khoom Noj (Supplemental Nutrition Assistance Program, SNAP). Lub chaw ua hauj lwm no yog ib lub chaw uas muaj vaj huam sib luag.



2025-2026 CalFresh Income & Eligibility Limits

Effective October 1, 2025 - September 30, 2026

Monthly Income Limits

People in Household	Gross Monthly Income	Net Monthly Income
Each Additional Member		

Maximum Monthly Allotment

People in Household	Maximum CalFresh Allotment
Each Additional Member	



Click **BenefitsCal.com**
to apply online



Call **1-877-847-3663 (FOOD)**
*For speech and/or hearing
assistance call 711 Relay*



Come in/find an office
CalFreshFood.org

Item# 220001

This material was funded by USDA's Supplemental Nutrition Assistance Program
- SNAP. This institution is an equal opportunity provider.